

WHAT THE DOCTORS SAY...

"The restoration of the intestinal elimination, too often ignored, is an important preliminary course to restoration of health. An inefficient colon is not always the cause of sickness, but it is believed to accentuate and prolong any and all diseased conditions of the human body."

J.E.G. Waddington, MD

"Colon hydrotherapy is the perfect specific procedure to eliminate constipation and restore normal bowel function. My approach to medical practice is to balance the GI tract using stool testing. I find various pathologies relating to bacteria, yeast, parasites, and other organisms of this nature. A lot of disease comes from imbalances in the colon, as manifested by inflammatory bowel disease, ulcerative colitis, autoimmune diseases, allergies, multiple sclerosis, and certainly constipation. Such imbalances can be corrected by means of colon hydrotherapy, herbal supplements, and diet. There is no question about the huge difference a health professional can bring to the patient by utilizing colon hydrotherapy plus other complementary and alternative methods of healing."

Paul Flashner, MD

Former General Surgeon and Emergency Medicine Specialist

"Frequently while performing colonoscopy, I see that the patient is cleaned out from above but below, the diverticular still contain fecaliths, those small turds remaining in pockets formed on the gut mucosa. They indicate the presence of an unhealthy colon, and over 50% of Americans possess diverticulosis colae. When inflamed, gastroenterologists called them diverticulitis colae, which can be serious by creating fistulas. Some people then will evacuate through their bladders. With patients for whom I perform colonoscopy, about one third of them over the age of fifty who are otherwise cleaned above, still show residual stools sitting in these gut mucosa pockets. Some have held onto the stool pockets for decades. A toxic dumpsite like this is dangerous for them by the elevated concentration of poisons stored in the dumpsite. Cancer can develop! A good cleanout by use of colon hydrotherapy is excellent treatment. I recommend that people undertake colon hydrotherapy for themselves. Clean out the body's pipes. And by all means, I prefer [that] my patients undergo colon hydrotherapy the morning of a colonoscopy. It's a safe way to cleanse the gut. It's a healing technique for the relief of irritable bowel syndrome with gas and bloating, chronic constipation, abdominal discomfort, and many other GI tract problems."

Robert Charm, MD, Walnut Creek, California

Board-certified as a gastroenterologist since 1972

"I am very well acquainted with the colon's functions, and my true belief is that colon hydrotherapy is the perfect cleansing medium for preparing the patient for colonoscopy. It's a much better way of getting the human colon ready for an operation than having a patient swallow a gallon of that pre-surgery solution known as 'Colon-Go-Lytely.' Moreover, seriously ill patients tend to be chronically constipated which results in generalized toxemia. It turns out that colon hydrotherapy is the gentlest and most effective treatment for a constipation problem. I also believe that normally healthy people will find it valuable to take colon hydrotherapy every couple of months in order to experience how well one feels when the colon is truly empty. It's a fact that most people fail to fully evacuate the colon, something they don't realize. People undergoing colon hydrotherapy on a prevention basis, are quite surprised at how much waste is removed by the procedure. Without reservation, my wish is to see it become an established procedure for many kinds of gastrointestinal problems. If medical centers, hospitals, and clinics installed colon hydrotherapy departments, they would find such departments just as efficacious for patients as their present treatment areas which are devoted to physiotherapy. Such is my belief, and I do endorse this therapeutic program."

Leonard Smith, MD

"I have found over the years that cancer patients who are not doing well usually are toxic and not being cleansed. They certainly are in need of colon hydrotherapy. I do recommend that most of my cancer patients take colon hydrotherapy or 'colonic irrigations' because they often improve by having such treatment. Liver cancer in particular shows benefit from colon hydrotherapy, but any internal tumors show effectual change too. It's better than an enema, which is merely a lower bowel cleanse, as opposed to a colonic which is a thorough cleanse of the entire bowel. It's similar to comparing the diagnostic efficacy of a sigmoidoscopy of the short end of the bowel to a colonoscopy that takes in the whole bowel. An enema only goes so far. Colon hydrotherapy is the best cleansing and detoxifier for the gastrointestinal tract that anybody would want. I do promote its use."

Oncologist Douglas Brodie, MD, Reno, Nevada