

REASONS FOR COLON HYDROTHERAPY

Prior to endoscopic and radiological examination.

Irrigating the colon immediately before an endoscopic exam saves the patient from having to consume saline solutions and magnesium sulfate drinks, all of which make for an uncomfortable night of sleep prior to the procedure. Research has shown most patients don't consume the necessary amount of the drinks and actually have a strong negative reaction to the preparatory solutions, not the *exam itself*. Procedures can be prescribed and executed within an hour with the use of colon hydrotherapy. Not only does this save time for the doctor, but it is safer and less traumatic for the patient. Most patients find the colon hydrotherapy session liberating and enjoy sense of well-being afterwards.

Other medical reasons.

Stress, poor diet and lack of water are at the heart of constipation and fecal impaction of the colon. Millions of people yearly suffer from back-up of the bowel and seek symptomatic relief through laxatives or purgatives, which can irritate the lining of the bowel and create swings in bowel performance. Cleaning out the bowel through colon irrigation with clean, warm water affords the patient remedy without negative side effects. Bowel training also occurs through strengthening the muscular performance of the bowel. This provides the doctor and clinic staff an opportunity to instruct the patient on useful lifestyle habits for stress management, on nourishing and healthy bulk-producing diets, and on the central use of more water in the diet.

Anti-Aging purposes.

More and more doctors on the forefront of anti-aging are realizing that cellular health is a function of nourishing the cells with predominantly alkaline-forming quality foods and assisting the cell to empty its wastes. By-products of cellular metabolism are acid compounds that **MUST** leave the body. Otherwise these wastes damage tissues and invite bacterial proliferation, viral distribution and fungal growth, to name just a few problems. This scenario challenges the body's immunity and well-being. Wastes are emptied into the alkaline-stable bloodstream to be carried out of the body through excretory channels. The largest repository of waste in the body is the colon. When the colon is not eliminating effectively over some period of time (due to reasons stated above--stress, poor diet, lack of exercise and lack of water), the resulting recycling of microscopic waste material occurs through the colon wall through the portal vein and into the liver. This unnecessarily burdens the entire body and all its organ systems, which are interconnected. Eighty per cent of the blood that goes into the liver is from the digestive tract and is venous blood.

The largest concentration of lymph nodes is concentrated in the abdominal cavity surrounding the small and large intestine. Is it any wonder? This is where the largest concentration of septic (putrefaction causing) waste is located. Removing this waste by colon irrigation relieves the burden on the system (providing an antiseptic environment) and allows the innate intelligence of the body to harmonize more quickly. Homeostasis, immunity and general well-being are more easily achieved. Those who have not been well for any reason can testify to the validity of the immediate positive effects on the entire system and a sense of well-being after receiving colon irrigation. When cells are nourished and wastes emptied, then both cellular health and cellular reproduction are boosted; thus, the positive effects on anti-aging.